

Russia Futures

Sponsored by | Carnegie Corporation of New York

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Project Summary

The Pardee Institute partnered with the [Stimson Center's Strategic Foresight Hub](#) to explore Russia's potential futures over the next decade. Using Pardee's [International Futures \(IFs\)](#) tool, the project developed three plausible scenarios to examine how demographic, economic, geopolitical, and environmental dynamics might shape Russia's role globally. The work informs U.S. policymakers navigating a rapidly changing global order, particularly amid shifting alliances and global power dynamics.

Research Question(s)

- How might Russia's economic, demographic, and geopolitical constraints shape its future?
- What are the plausible futures for Russia's role in the global order over the next decade?
- How could Russia navigate relationships with the West, China, and the Global South

Key Findings

- Despite its challenges, Russia has the potential to increase its power and influence in the coming decade.
- If Russia turns to a more technocratic and Global South oriented future – a “Reborn Russia” – it might be able to return the country's geopolitical influence capacity to immediate post-Ukraine-invasion levels in the coming decades.
- Nonetheless, Russia's influence is unlikely to return to pre2022 levels on a global basis any sooner than mid-century.
- Moreover, Russia is not projected to return to the early Cold War era of Soviet glory. Only a “Reborn Russia” would mitigate or slightly reverse the persistent decline in Russian national power as a share of global power.

Core and Related Activities

- Report: [Russia Futures](#)
- Articles: [Why Russia Isn't Doomed](#) and [Russia Can Afford to Take a Beating in Ukraine](#)
- Podcast episode: [Russia's Demographic and Equipment Advantage](#)



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